# Online Examinations (Even Sem/Part-I/Part-II Examinations 2020 - 2021

Course Name - -Clinical Psychology Course Code - BPA204

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- M.SC.(ANCS)
- M.SC.(MM)
- B.A.(Eng)

Answer all the questions. Each question carry one mark.

9. 1.Relationship between growth and development falls under

- \_\_\_\_\_ child psychology
- educational psychology
- physiological psychology
- development psychology

## 10. 2.The normal body temperature of human body is

Mark only one oval.

98 degree F

- 37 degree F
- 100 degree F
- 90 degree F
- 11. 3. How to motivate a player discussed in

Mark only one oval.

- cognitive psychology
- general psychology
- sports psychology
- military psychology
- 12. 4.He is recognize as the father of modern scientific psychology

Mark only one oval.

🔵 Watson

🔵 Wundt

- Freud
- Aristotle

13. 5.It attempts to study the structure of conscious experience through the method of introspection

Mark only one oval.

- functionalism
- behaviorism
- 🔵 gestalt
- 14. 6.Psychology can be literally defined as the

Mark only one oval.

- science of behaviour
- science of mind
- science of consciousness
- science of soul
- 15. 7.J.B. Watson, the founder and father of behaviouristic school of psychology defined Psychology as the science of

Mark only one oval.

soul
behaviour
consciousness
living being

#### 16. 8.Clinical Psychology deals with the practical aspect of

Mark only one oval.

child psychology

- development psychology
- abnormal psychology
- experimental psychology
- 17. 9.Wolf Gang Kohler was associated with \_\_\_\_\_ school of psychology

Mark only one oval.

🔵 behavioural

🔵 gestalt

functional

structural

18. 10.To study Abnormal Psychology means, to study mainly the nature of \_

## Mark only one oval.

normality of mind

unconscious level of mind

- subconscious level of mind
- abnormality of mind

19. 11.A major part of developmental psychology is devoted to the understanding of behaviour of \_\_\_\_\_

Mark only one oval.

\_\_\_\_\_ children

- adolescent a
- 🔵 woman
- old people
- 20. 12.Wilhelm Wundt established the first laboratory of experimental psychology at

# Mark only one oval.

$\frown$		
)	Groo	nwich
)	Glee	

Zurich

Munich

\_\_\_\_ Leipzig

21. 13.Thought process is the main component of \_\_\_\_\_ perspective

- Gestalt
- Humanistic
- cognitive
- behavioural

22. 14.Gestalt psychology taking its name from the German word Gestalt which literally means \_\_\_\_\_

Mark only one oval.

world

- \_\_\_\_\_ whole
- \_\_\_\_ part
- whole vs part
- 23. 15.Study of gender difference is the subject matter of \_\_\_\_\_

# Mark only one oval.

- 🔵 social psychology
- developmental psychology
- clinical psychology
- industrial Psychology
- 24. 16.In which method of study of psychology, independent and dependent variable are important elements

- introspection
- case history
- experimental
- field research

25. 17.Which of the following are symptoms of an anxiety disorder known as panic disorder?

Mark only one oval.

🔵 chest pain

- fear of dying
- 🔵 increased heart rate
- all of these
- 26. 18. Which of the following is a drug treatment for panic disorder

## Mark only one oval.

- selective serotonin reuptake inhibitors
- Antipsychotic drugs
- antibiotics
- 🔵 anti inflammatory drugs
- 27. 19. Some of the defining features of social phobia are described on DSM IV TR as

Mark only one oval.

Individuals with social phobia experience concerns about embarrassment and are afraid of that other will judge them to be weak, crazy or stupid.

They may fear public speaking because of concern that others will notice their trembling hands or voice

They may experience extreme anxiety when conversing with others

all of these

28. 20.Specific phobias are defined as

Mark only one oval.

- Excessive worry triggered by a specific objects or situation
- An abnormal sensitivity to light
- An excessive unreasonable, persistent fear triggered by
- A persistent fear of social situation
- 29. 21.Which of the following is considered to be a symptom of PTSD

Mark only one oval.

- Increased arousal
- Avoidance
- Happy dreams
- all of these
- 30. 22.Monophobia is considered as

- Fear of high places
- Fear of light
- 💮 Fear of blood
- Fear of being alone

31. 23.ICD 10 proposed by

Mark only one oval.

\_\_\_\_ WHO

- \_\_\_\_ IPA
- 32. 24.The full form of DSM IV is

Mark only one oval.

- Diagnostic and statistical manual for mental disorder
- Diagnostic and statistical manual for physical disorder
- Diagnostic and statistical mode for physical disorder
- Diagnostic and statistical mode for mental disorder
- 33. 25.Recurrent, intrusive, senseless ideas, thoughts, and images that are egodystonic and involuntary are termed as

- Obsession
- Compulsion
- Hypochondriasis
- Obstructiveness

34. 26.The most common obsession is

Mark only one oval.

fear of contamination

- \_\_\_\_ pathological doubt
- need for symmetry
- aggressive obsessions
- 35. 27. Psycho dynamic explanation of obsessive compulsive disorders include

## Mark only one oval.

- fixation during oral stage of psychosexual development
- fixation during anal stage of psychosexual development
- fixations or conflicts during phalic phase of development
- improper development of latency phase of psychosexual development
- 36. 28.All of the following are features of obsessive compulsive disorders, except

- Anxiety relieved by doing the act
- Sense of guilt
- Magical thought
- Patient is aware of helplessness

37. 29.Which of the following area of brain is known to be associated with OCD?

Mark only one oval.

📃 Reticular system

- Nigrostraital pathway
- 🔵 Basal ganglia
- Corpus callosum
- 38. 30.Which of the following is most effective in ocD managenment?

# Mark only one oval.

- Psycho dynamic psychotherapy
- Interpersonal psychotherapy
- Cognitive behaviour therapy
- Supportive psychotherapy
- 39. 31. Characteristics of OCD include all the following, Except :

- Obsessive thoughts
- Compulsive acts
- Considerable degree of anxiety
- Ordered flight of ideas

#### 40. 32.Behavior therapy for phobias may involve the following

Mark only one oval.

- Systematic desensitization
- Implosion therapy
- Flooding
- none of these
- 41. 33.Fear of closed space refers to

Mark only one oval.

- 🔵 Claustrophobia
- 🔵 social phobia
- Xenophobia
- none of these
- 42. 34.Which one is a characteristic for obsessive thoughts

# Mark only one oval.

\_\_\_\_\_ repeated

Intrusive

- Less controllable
- all of these

43. 35.Which gland in your body is responsible for the stress response?

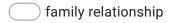
Mark only one oval.

pituitary gland

- \_\_\_\_\_ thyroid gland
- \_\_\_\_\_ adrenaline gland
- none of these
- 44. 36.Which of these is a symptom of acute stress?

Mark only one oval.

- increased heart rate
- sweaty palms
- 🔵 shaking arms
- 🔵 all of these
- 45. 37.Stress can affect not only your health, but also other aspects of your life. What else can be affected by stress?



- work performance
- sense of security
- ) all of these

#### 46. 38.Which of the following statements is true about stress management

Mark only one oval.

Stress management is learning about the connection between mind and body

Stress management helps us control our health in a positive sense

Stress management teaches us to avoid all kinds of stress

Stress management is learning about the connection between mind and body & Stress management helps us control our health in a positive sense

47. 39.Which of the following are the basic sources of stress

Mark only one oval.

the environment

social stressor

thoughts

) all of these

48. 40.Examples of physiological stressors are

- menopause
- give child birth
- break ups
- menopause and give child birth

#### 49. 41.The following are the characteristics of DisStress

Mark only one oval.

it causes anxiety

- it feels unpleasant
- it decreases performance
- all of these
- 50. 42. Which of the following are stress busters

## Mark only one oval.

- Trying to find something funny in a difficult situation
- Developing a support network
- Taking a mindful walk
- 🔵 all of these
- 51. 43.Aches, shallow breathing and sweating, frequent colds are

- physical symptoms of stress
- Behavioural symptoms of stress
- emotional symptoms of stress
- cognitive symptoms of of stress

52. 44.What is the term that Lazarus (1984) used to describe the key judgment about the nature of potentially stressful events?

Mark only one oval.

- Assessment
- Consideration
- Appraisal
- evaluation
- 53. 45.According to Hans Selye, what is 'eustress'?

# Mark only one oval.

- Stress associated with positive feelings or healthy states
- An alternative word for distress
- A biological process mediating the stress process
- none of this
- 54. 46.Which of the following is not a process in Selye's (1974) model of stress the general adaptation model?

- stage of confrontation
- \_\_\_\_ alarm reaction

# 55. 47.In which of Selye's (1974) three stage process does the adrenal gland have particular significance?

Mark only one oval.

- alarm reaction
- stage of exhaustion
- none of these
- 56. 48.Does stress impact on the progression of HIV?

## Mark only one oval.

Yes, it speeds up the disease progression significantly

Yes, but only to a marginal extent

No. In fact, HIV progression has been found to be slower in some individuals who experience stress

- No. HIV is not influenced by stress
- 57. 49.Cognitive restructuring involves:

- identifying self-talk that is contributing to stress, and challenging it
- interrupting the flow of stressogenic self-talk with more positive talk
- preparing positive self-talk to say to oneself at times of stress
- distraction away from stressogenic thoughts

58. 50.To assess a person's risk for developing coronary heart disease, you might ask him or her which of the following questions?

Mark only one oval.

- Do you smoke?
- Do you have high blood pressure?
- Are you often under stress?
- all of these
- 59. 51.Which response shows the stages of the general adaptation syndrome in the correct order?

# Mark only one oval.

- alarm reaction, exhaustion, resistance
- resistance, alarm reaction, exhaustion
- exhaustion, resistance, alarm reaction
- alarm reaction, resistance, exhaustion
- 60. 52.Madeleine wants to see two movies this weekend. However, she will only be able to see one of them. Madeleine is experiencing

- \_\_\_\_\_ approach-approach conflict
- avoidance-approach conflict
- \_\_\_\_\_ approach-avoidance conflict
- \_\_\_\_ multiple approach-avoidance conflict

61. 53.Negative self talk is

Mark only one oval.

\_\_\_\_ external stressor

- internal stressor
- 🔵 all of these
- none of these
- 62. 54. Which of these is an unconditioned stimulus?

Mark only one oval.

loud nois
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- food
- light
- none of these
- 63. 55.If the learner is not properly alert, the learning will

- increase
- decrease
- remain same
- none of these

64. 56.During teaching, a teacher should be

Mark only one oval.

Beautiful

- Cold towards students
- Emotionally stable
- Anxious
- 65. 57.Observation is one of the process of-

Mark only one oval.

$\subset$	motivation
$\subset$	learning
$\subset$	Clinical case history

\_\_\_\_\_ teaching

66. 58.If the UCS is subsequently omitted, the CR will experience

Mark only one oval.

reinforcement

🔵 learning

extinction

association

## 67. 59.If the UCS is subsequently omitted, the CR will experience

Mark only one oval.

reinforcement

learning

extinction

association

68. 60.Observation is one of the process of-

Mark only one oval.

$\square$	motivation
$\square$	learning
$\square$	Clinical case history

teaching

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