Online Examinations (Even Sem/Part-I/Part-II Examinations 2020 - 2021

Course Name - - Geriatric Course Code - BPA402

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Mark only one oval.		
Diploma in Pharmacy		
Bachelor of Pharmacy		
B.TECH.(CSE)		
B.TECH.(ECE)		
BCA		
B.SC.(CS)		
B.SC.(BT)		
B.SC.(ANCS)		
B.SC.(HN)		
B.Sc.(MM)		
B.A.(MW)		
BBA		
B.COM		
B.A.(JMC)		
BBA(HM)		
BBA(LLB)		
B.OPTOMETRY		
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B.SC.(PA)		
LLB		
B.SC(IT)-AI		
B.SC.(MSJ)		
Bachelor of Physiotherapy		
B.SC.(AM)		
Dip.CSE		
Dip.ECE		
<u>DIP.EE</u>		
O DIP.CE		

9.

DIP.ME
PGDHM
MBA
M.SC.(BT)
M.TECH(CSE)
LLM
M.A.(JMC)
M.A.(ENG)
M.SC.(MATH)
M.SC.(MB)
M.SC.(MSJ)
M.SC.(AM)
M.SC.CS)
M.SC.(ANCS)
M.SC.(MM)
B.A.(Eng)
Answer all the questions. Each question carry one mark.
. 1. Following are the causes of confusional state
Mark only one oval.
Congestive heart failure
Hypoglycaemia
Broca aphsia
All of these

10.	2. What is the most common clinical complication in a patient with advanced dementia?
	Mark only one oval.
	Physical agression
	Febrile episodes
	Pneumonia
	Eating problems
11.	3. With regards to oro-pharyngeal dysphagia and the institution of tube feeding, what is False ?
	Mark only one oval.
	Tube feeding helps meet nutritional requirements and can shorten the time to healing of pressure ulcers
	Tube feeding provides no advantage in nutritional indices
	Tube feeding does not provide a decreased risk of aspiration
	None of these
12.	4. Successful ageing is associated most highly with which of the following factors ?
	Mark only one oval.
	Self rated mental health
	Self rated physical health
	Lack of mental illness
	None of these

13.	development of diabetes in later life?
	Mark only one oval.
	Hypertension
	Smoking
	Diabetes
	Physical inactivity
14.	6. Which of the following is the greatest individual visual risk factor for falling
	Mark only one oval.
	Decreased visual acuity
	Decreased glare sensitivity
	Impaired depth perception
	None of these
15.	7. Which of the following is most highly correlated with institutionlisation following hospitalisation
	Mark only one oval.
	Being female
	Dementia
	Age>95
	Delirium

16.	8. With regards to prevalence of dementia in age groups, what is False?
	Mark only one oval.
	85-100,23.4%
	100-105,95%
	25-40yo,0.1%
	75-84yo,6.0%
17.	9. Which of the following is not associated with a comprehensive geriatric assesment ?
	Mark only one oval.
	Increased cognition
	Increased living at home at 6 months
	Decreased living in residential care
	Decreased risk of conversion of mild cognitive impairment to Alzheimer's dementia
18.	10. which of the following drugs is most likely to cause falls in older person
	Mark only one oval.
	beta blockers
	benzodiazepines
	antidepressants
	None of these

19.	11. which of the following is the most effective in reducing the risk of falling of community-dwelling older persons
	Mark only one oval.
	exercise programs
	vitamin d supplements
	multifactorial interventions
	reducing medications that increase the risk of falling
20.	12. what is the highest risk factor for delirium
	Mark only one oval.
	depression
	hearing impairment
	pre-existing cognitive impairment
	polypharmacy
21.	13. The theory behind the aging process is
	Mark only one oval.
	Abiotrophy
	Hormonal theory
	Free radical theory
	Dysgenetic theory

22.	14. All are increased in old age except
	Mark only one oval.
	Hematocrit
	GFR
	Impaired glucose tolerance
	Blood pressure
23.	15. An 80 year old man recovering from an elective total hip replacement. he had a past medical history of type 2 diabetes, hypertension, is chaemic heart disease and benign prostatic hypertrophy. following his surgery he was placed on treatment to prevent venous thromboembolism. which of the following best describes the most appropriate treatment to prevent venous thromboembolism following his surgery?
	Mark only one oval.
	Aspirin 300 mg orally daily until discharge from hospital
	Rivaroxiban 10 mg Daily for 30 days
	Clexane 40 mg SC daily until discharge from hospital
	TED stockings + Rivaroxiban for 30 up to 35 days

24. 16. A 65 year old man underwent an elective open hemi colectomy for bowel cancer and was cared for on the surgical high dependency until on the first post operative day because of his history of obstructive sleep apnoea. at 9:00 p.m. on the evening following his surgery, the doctor was called because of his hypotension (80-60mmHg). The patient's past medical history comprised hypertension for which he was taking Rampril, bendroflumethiazide and obstructive sleep apnoea. The clinical examination was normal apart from hypotension and his blood results and 12 lead ECG were normal. What is the most appropriate management?

Mark only one oval.

0.9% sodium chloride
4.5% human albumin solution
Hartmann's
No treatment

25. 17. An 80 year old woman fell and hurt her left hip. she was normally independent for activities of daily living in her own home. her regular medication comprised Rampril 10mg bendroflumethiazide 2.5 mg and amlodipine 5mg od for hypertension. On examination of the left hip,there was no deformity, but it was painful to move and she was unable to weight bear. Antero posterior and lateral X Rays of the left hip were performed. These did not show any fracture, but a fracture was suspected clinically. What is the next best step in management?

Mark only one oval.

CT scan of the hip

MRI scan of the hip

No further imaging

Radio-isotope imaging of the hip

27.

26. 18. An 80 year old woman fell and hurt her left hip, she was normally independent for activities of daily living in her own home, her regular medication comprised Rampril 10mg bendroflumethiazide 2.5 mg and amlodipine 5mg od for hypertension. On examination of the left hip, there was no deformity, but it was painful to move and she was unable to weight bear. Antero posterior and lateral X Rays of the left hip were performed. These did not show any fracture. The sensitivity of plane X-rays in suspected hip fracture in the Emergency Department is 95%. Which of the following statements is most relevant to this case?

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Mark only one oval.

1:20 hip fractures will be missed on plain X-ray
a normal plane X-ray virtually excludes a hip fracture
A test with a high sensitivity tend to have a low specificity
A very sensitive test will over-diagnose suspected hip fractures

19. A 79 year old woman was admitted for an elective right knee replacement under general anaesthesia. She had a past medical history of type 2 diabetes and hypertension and was taking metformin and rampril. After an uneventful surgery she was found to be confused and disoriented the next day. Which of the following best predicts delirium over other causes of 'confusion'?

Mark only one oval.

general anaesthesia
hallucinations
history of dementia

inattention

28.	20. An 80 year old man with history of dementia was admitted from his residential home not eating and drinking and more confused than usual. On examination he appeared underweight. The only abnormal finding was a large reddish lump in his right groin which seemed to be uncomfortable when palpated. The abdomen was otherwise soft, non tender and not distended with normal bowel sounds. His investigations were normal apart form a slightly raised white cell count, His chest X ray showed evidence of old tuberculosis. What is the most likely diagnosis?
	Mark only one oval.
	incarcerated inguinal hernia
	leiomyosarcoma
	lymphoma
	tuberculosis
29.	21. vestibular department are
	Mark only one oval.
	Mecliznie
	Rantidine
	Emoxaparin
	None of these
30.	22. In chronic dizziness, which of the following test are useful
	Mark only one oval.
	glucose and renal function tests
	procalcitonin
	☐ EMG
	○ PTA

31.	23. Which of the following has the most sidative action among these 4
	Mark only one oval.
	diazepam Seopolamine All of these None of these
32.	24. Risk factors of delirium except
	Mark only one oval.
	dementia
	smoking
	all of these
	none of these
33.	25. Due to aging, there is a reduction of renal mass. The renal man at aged Mark only one oval.
	180-220
	140-170
	190-240
	none of these

34.	26. In between 40 to 80 years of age, the GFR declines with age, at the rate
	Mark only one oval.
	1 ml/min/year
	1 ml/hour/year
	0.5 m/min/hour
	2 ml/month/year
35.	27. Functional changes in the respiratory system
	Mark only one oval.
	VC down RV up TLC constant
	VC down RV down TLC raised
	VC down RV remain same
	VC up RV down
36.	28. The lowest value of Gcs scan be for
	Mark only one oval.
	E3V2M2
	E1V1M1
	E0VtM3
	E0V0M0

37.	29. Bright and diffuse is light used to see
	Mark only one oval.
	occulocephalic reflex corneal reflex papillary reaction none of these
38.	30. In Glangow coma scale E2M4V4 mean
	Mark only one oval.
	Eye open to pain. motor response in flexion. verbal response oriented Eye open two pain. motor response in withdraws. verbal response disoriented all of these none of these
39.	31. Japanese women have life expectancy of
	Mark only one oval.
	80
	85

40.	32. source of extrinsic damage includes	
	Mark only one oval.	
	UV imdiating	
	ROS	
	spontaneous hydrolysis	
	environmental toxic growth	
41.	33. ICMR (2010) has suggested Intakes of iron for adult men	
	Mark only one oval.	
	17 mg per day	
	25 mg per day	
	10 mg per day	
	30 mg per day	
42.	34. WHO (2002) has suggested Intakes of protein of	for older persons
	Mark only one oval.	
	0.9-1.1 gm/kg body weight per day	
	0.3-1.0 gm/kg body weight per day	
	0.7-0.9 gm/kg body weight per day	
	1.3- 1.7 gm/kg body weight per day	

43.	35. Hypokalemia means
	Mark only one oval.
	K+ < 3.5 mEq/L
	K+ < 3.0 mEq/L
	K+ < 4.0 mEq/L
	K+ < 2.5 mEq/L
4.4	
44.	36. In case of hypokalemia, ECG shows abnormality
	Mark only one oval.
	prominent u waves
	ST depression
	QT prolongation
	all of these
45.	37. Normal concentration of sodium in serum
	Mark only one oval.
	135 - 145 mEq/L
	133 - 143 mEq/L
	145 - 155 mEq/L
	130 - 150 mEq/L

46.	38. Normal concentration of potassium in blood
	Mark only one oval.
	3.5 - 4.5 mEq/L
	3.5 - 5.5 mEq/L
	3 - 5 mEq/L
	4.5 - 5.5 mEq/L
47.	39. Hypothermia means
	Mark only one oval.
	> 38.5 degree C
	> 37.5 degree C
	> 40.5 degree C
	> 40 degree C
48.	40. Hypoglycemia can be defined when
	Mark only one oval.
	< 45 mg/dl
	< 25 mg/dl
	< 60 mg/dl

) < 15 mg/dl

49.	41. Changes that predisposes to in continence
	Mark only one oval.
	increase in urethral closure pressure increased in bladder contractibility and capacity decrease in urethral closure pressure increase in night time urine output
50.	42. recommend dietary allowance for vitamin d for adults
	Mark only one oval.
	RDA 400-800 IU/day
	RDA 300-1200 IU/day
	RDA 700-900 IU/day
	RDA 500- 1000 IU/day
51.	43. Heart weight increased due to
	Mark only one oval.
	hypertrophy of the left ventricle
	hypertrophy of the right ventricle
	hypertrophy of the right atrium
	hypertrophy of the left atrium

52.	44. BMI of 32 is under
	Mark only one oval.
	grade 2 obese
	grade 1 obese
	overweight
	grade 3
53.	45. Bone forming cells are called
	Mark only one oval.
	osteoblasts
	osteoclasts
	chondrioblast
	giant cells
54.	46. A value for BMD that lies between 1 and 2.5 SD below the young adult mean value
	Mark only one oval.
	osteopenia
	osteoporosis
	severe osteoporosis
	normal

47. following lab investigation help in diagnosis of osteoporosis
Mark only one oval.
CBC serum calcium, phosphorus, alkaline phosphatase serum 25 (OH), vitamin d, PTH, TSH all of these
48. Non nitrogen contains compounds of Bisphophonats
Mark only one oval.
Etidronate Pamidronate risedronate alendronate
49. First Bisphophonats approved by FDA Mark only one oval.
Pamidronate alendronate Tilu dronate risedronate

ţ	58.	50. In case of elderly patients pneumonia poor prognosis is same except
		Mark only one oval.
		WBC count 9000 to 12500 mm3
		WBC count > 13000 per mm3
		WBC count < 4000 mm3
		haematocrit < 30%
ļ	59.	51. which organism cause infective endure cardinal
		Mark only one oval.
		staphylococcus aureus
		HACEK group organism
		all of these
		none of these
(60.	52. The most common symptoms of benign prostatic hypertrophy are:
		Mark only one oval.
		chills, fever, and nausea.
		dysuria, abdominal pain, and urinary retention.
		intermittency, hesitancy, and dribbling.
		nocturia, bladder spasms, and hematuria.

61.	53. An effective way to adequately provide nourishment to a patient with moderate dementia is:
	Mark only one oval.
	allowing the patient to choose foods from a varied menu.
	hand feeding the patient's favorite foods.
	routinely reminding the patient about the need for adequate nutrition
	serving soup in a mug, and offering finger foods.
62.	54. When teaching an independent older adult patient how to self-administer insulin, the most productive approach is to:
	Mark only one oval.
	facilitate involvement in a small group where the skill is being taught.
	gather information about the patient's family health history.
	provide frequent, competitive skills testing to enhance learning.
	use repeated return demonstrations to promote the patient's retention of the involved tasks.
63.	55. Signs and symptoms of age-related macular degeneration include:
	Mark only one oval.
	decreases in depth perception.
	deficits in peripheral vision.
	distortion of lines and print
	reports of flashes of light.

Mark only one oval. disengagement vs. activity. ego integrity vs. despair. self-determination vs. resignation. self-esteem vs. self-actualization. 65. 57. A 79-year-old retired actor, who continues to pursue lifelong interests swimming and singing, exemplifies which theory of aging? Mark only one oval. Continuity. Developmental.	
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Continuity.	s in
Developmental.	
Disengagement.	
Physical.	
66. 58. For older adult patients who are taking neuroleptic medication, the p concern is the development of:	rimary
Mark only one oval.	
lethargy.	
nausea.	
poor appetite.	
tardive dyskinesia.	

6/.	59. A 73-year-old man presented with a shuffling gait and increasing forgetfulness, which had been of gradual onset. He had a longstanding history of hypertension and diabetes. He had had a myocardial infarction 3 years previously and a stroke 2 years previously. What is the most likely diagnosis?
	Mark only one oval.
	Alzheimer's disease
	cerebrovascular disease
	Lewy body disease
	Parkinson's disease
68.	60. Ageing is associated with multiple changes in the gastrointestinal system. What is the most clinically significant change in the gastrointestinal tract with ageing? Mark only one oval.
	a reduction in gut motility
	a reduction in pancreatic secretions
	a reduction in small intestinal absorptive area
	an increased prevalence of atrophic gastritis

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