

Online Assessment (Even Sem/Part-I/Part-II Examinations 2019 - 2020)

Course Name - Clinical Psychology

Course Code - BPA204

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Answer all the questions. Each question carry one mark.

9. 1. Which branch of Psychology discusses Leadership?

Mark only one oval.

- Social
- Industrial
- Clinical
- Forensic

10. 2. Which one of the following was the follower of Wundt?

Mark only one oval.

- Woodworth
- Mc. Dougall
- Titchner
- Adler

11. 3. Extra-ordinary perception falls under

Mark only one oval.

- Experimental psychology
- Para psychology
- Abnormal psychology
- Military psychology

12. 4. Psychotherapy falls under

Mark only one oval.

- Abnormal Psychology
- Clinical Psychology
- Personality Psychology
- Health Psychology

13. 5. Psychology is a

Mark only one oval.

- Natural Science
- Biological science
- Social science
- Physical science

14. 6. Sigmund Freud is regarded as the father of _____ in psychology

Mark only one oval.

- Behavioural Psychology
- Gestalt Psychology
- Functionalist Psychology
- Psychoanalytic psychology

15. 7. In panic disorder, anxiety sensitivity refers to

Mark only one oval.

- Anxiety may lead to depression
- The fears of anxiety symptoms that are based on belief that such symptoms have harmful consequences.
- Anxiety symptoms may predicts self harm
- Feeling anxious always leads to negative events.

16. 8. The full form of ICD 10 is

Mark only one oval.

- International code of diseases
- International classification of diseases
- International code of disorders
- International classification of disorders

17. 9. Which one of the following is a SSRI ?

Mark only one oval.

- Mirtazapine
- Clomipramine
- Fluoxetine
- All of these

18. 10. Being sexually abused can be a

Mark only one oval.

- Trauma
- Compulsion
- Phobia
- None of these

19. 11. Which of these is an example of chronic stress?

Mark only one oval.

- A job with no satisfaction
- Unhappy marriage
- Ongoing money problem
- All of these

20. 12. Which suggestion is an effective way to deal with stress?

Mark only one oval.

- Meditation
- Free hand exercise
- Walking
- All of these

21. 13. Which of the following statements is true

Mark only one oval.

- In small quantities, stress is good
- Too much stress is harmful
- All stress is bad
- In small quantities, stress is good & Too much stress is harmful

22. 14. The following are the characteristics of EUStress

Mark only one oval.

- it improves performance
- It motivates
- its exciting
- All of these

23. 15. Stress management training is based on a _____ theory of stress

Mark only one oval.

- Psychodynamic
- Cognitive
- Cognitive behavioural
- Behavioural

24. 16. Direct communication falls under

Mark only one oval.

- accept
- alter
- avoid
- None of these

25. 17. Process of modification of behavior is called

Mark only one oval.

- Experience
- Activity
- Knowledge
- Learning

26. 18. What term is applied to the random reappearance of a behavior after extinction?

Mark only one oval.

- Generalization
- Reward
- Learning
- Spontaneous recovery

27. 19. Operant conditioning is controlled by

Mark only one oval.

- Central nervous system
- Autonomic nervous system
- Peripheral nervous system
- Hippocampus

28. 20. In classical conditioning, the maximum time gap between UCS and CS to produce effective learning is

Mark only one oval.

- 1msec
- 0.5sec
- 1sec
- 0.001 sec

29. 21. Praise is a form of -

Mark only one oval.

- Positive reinforcement
- learned behavior
- punishment
- verbal abuse

30. 22. The technique of shaping was used by which of the following?

Mark only one oval.

- Thorndike
- Pavlov
- Skinner
- Hull

31. 23. Reflexive, involuntary behaviors are associated with _____ conditioning.

Mark only one oval.

- Operant
- Classical
- Both Operant and Classical
- None of these

32. 24. Which one is the factor for effective learning

Mark only one oval.

- interest
- arousal
- attitude
- all of these

33. 25. Which therapeutic approach demonstrates the largest evidence-base in delivering counseling objectives?

Mark only one oval.

- Cognitive-behavioural therapy
- Humanistic person centered therapy
- Psychodynamic therapy
- None of these

34. 26. What is the ideal environment for starting to learn relaxation?

Mark only one oval.

- In a group context using biofeedback
- Listening to instructions on headphones to avoid distraction.
- Led by a trained practitioner in a quiet room and comfortable chair.
- At home listening to deep music and taped instructions

35. 27. Cognitive triad was conceptualized by

Mark only one oval.

- Freud
- Rozers
- Beck
- None of these

36. 28. "this therapy will never work for me" is an example of

Mark only one oval.

- Personalization
- Arbitrary inference
- Over generalization
- None of these

37. 29. One of the compulsive behavior is

Mark only one oval.

- Fear of dying
- Repeated counting money
- Unreasonable fear
- Free floating anxiety

38. 30. Examples of social stressors are

Mark only one oval.

- Financial problems
 - Loss of loved ones
 - Job interview
 - All of these
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