

## ■ Sampanna Ramesh Shelar Becomes Fastest Indian to Swim Across Palk Strait

Pune based swimmer, Sampanna Ramesh Shelar has become the fastest Indian in the Under-21 group to swim across the Palk Strait from Talaimannar in Sri Lanka to Dhanushkodi in Tamil Nadu in 5 hours and 30 minutes. The previous record was 8 hours and 26 minutes. His swim commenced at 6.00 am on 16th March 2023 from Talaimannar and he reached Dhanushkodi at 11.26 am completing the distance of 29 Kms. He is pursuing Graduation in Physical Education. With this achievement, Shelar is planning to do solo swims across the English & Catalina Channels soon, to eventually complete swimming across the seven oceans popularly known as the Oceans Seven Challenge.



(Source: AIR/PIB)