



BRAINWARE UNIVERSITY

Term End Examination 2023-2024
Programme – B.Sc. Nursing-2021
Course Name – Mental Health Nursing (I&II)
Course Code - N-MHN(I & II)305(T)
(Semester VI)

Full Marks : 75

Time : 3:0 Hours

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable. Write answer of Section – A and Section –B in separate Answer booklet.]

Section : A

Marks : 37

Group-A
(Multiple Choice Type Question)

8 x 1=8

1. Choose the correct alternative from the following :

- (i) Which part of the brain is considered as emotional brain?
 - a) Cerebrum
 - b) Cerebellum
 - c) Brain Stem
 - d) Limbic System
- (ii) Identify the term that indicates false unshakable belief that the world does not exist.
 - a) Delusion of grandeur
 - b) Nihilistic delusion
 - c) Delusion of guilt
 - d) Delusion of control
- (iii) Identify the term that indicates the transfer of client's feeling towards nurse
 - a) Transference
 - b) Counter-transference
 - c) Resistance
 - d) Therapeutic boundary
- (iv) Which of the following is NOT considered as atypical antipsychotics
 - a) Risperidone
 - b) Clozapine
 - c) Olanzapine
 - d) Haloperidol
- (v) Identify the most common type of hallucination in psychiatric disorders
 - a) Visual
 - b) Auditory
 - c) Tactile
 - d) Olfactory
- (vi) Identify the condition that consist of hypomania and depression together
 - a) Bipolar I Disorder
 - b) Bipolar II Disorder
 - c) Both a & b
 - d) Depressive Disorder
- (vii) Identify the term that defines the repetitive thoughts, images and doubts that one can not control and cause significant anxiety.
 - a) Obsession
 - b) Compulsion
 - c) Anxiety
 - d) Phobia
- (viii) Choose that is the best illustration of delusion of reference.
 - a) The neighbour is trying to kill me
 - b) The food is being poisoned

- c) The news announcement on TV is talking about me d) The night shift nurse doesn't like me

Group-B
(Very Short Answer Type Questions)

2 x 2=4

2. Define Mood
3. Define Cognitive Behavioral Therapy

(2)

(2)

Group-C
(Short Answer Type Questions)

2 x 5=10

4. Explain about lithium toxicity and its management
5. Outline Individual psychotherapy

(5)

(5)

OR

Outline milieu therapy

(5)

Group-D
(Long Answer Type Questions)

1 x 15=15

6. Define Mental Health Team. Describe in details about Mental Health Team members. (15)
Explain the role of a Psychiatric Nurse. (2+5+8=15)

OR

Define mental health continuum. Explain the trends and issues in care of mentally ill patients. Describe the characteristics of mentally ill patients. (2+6+7=15) (15)

Section : B

Marks : 38

Group-A
(Multiple Choice Type Question)

4 x 1=4

7.

- (i) Which of the following is the most common type of dementia?

- a) Alzheimer's disease b) Vascular dementia
c) Lewy body dementia d) Pick's disease

- (ii) Which of the following is the first stage of General Adaptation Syndrome?

- a) Resistance reaction b) Exhaustion reaction
c) Stress reaction d) Fight or flight response

- (iii) Which of the following is the first step in counseling?

- a) Developing insight into the problem b) Collecting data from client
c) Establishing rapport with the client d) Encourage the client to ventilate his problems

- (iv) Choose the year in which the District Mental Health Programme was launched?

- a) 1987 b) 1996
c) 2000 d) 2005

Group-B
(Very Short Answer Type Questions)

2 x 2=4

8. Define Crisis intervention
9. Define Delirium tremens.

(2)

(2)

(Short Answer Type Questions)

3 x 5=15

10. Illustrate briefly about Delirium

(5)

11. Explain models of preventive psychiatry.

(5)

12. Explain about panic attack.

(5)

OR

Summarize about the management of violent patient admitted to psychiatric ward. (5)

Group-D

(Long Answer Type Questions)

1 x 15=15

13. Define Intellectual Disability. Classify Intellectual Disability. Explain Role of a nurse in the prevention of Intellectual Disability. List the myths about Intellectual Disability. (15)
(2+4+6+3=15)

OR

Define ADHD. Explain the etiology of ADHD. Classify the types of ADHD. Explain the prevention and management of children with ADHD. (2+3+3+3+4=15) (15)
