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BRAINWARE UNIVERSITY

Term End Examination 2024-2025

Programme – B.Sc.(PSY)-Hons-2023/B.Sc.(PSY)-Hons-2024

Course Name – Cinematic Psychology

Course Code - VAC00002

(Semester I)

Full Marks : 60

Time : 2:30 Hours

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable.]

Group-A

(Multiple Choice Type Question)

1 x 15=15

1. Choose the correct alternative from the following :

- (i) Which psychological concept is often examined in Cinematic Psychology studies?
 - a) Newton's Law of Motion
 - b) Maslow's Hierarchy of Needs
 - c) Mendel's Law of Genetics
 - d) Einstein's Theory of relativity
- (ii) The basic components of Cinematic Psychology are
 - a) Characterization
 - b) Film Theory
 - c) Psychological Theme
 - d) All of these
- (iii) Identify the audience's response when they can relate to a well-acted character on screen.
 - a) Apathy
 - b) Indifference
 - c) Empathy
 - d) Disconnection
- (iv) Choose the odd one out.
 - a) Continuity
 - b) Cutting
 - c) Close-ups
 - d) Clips
- (v) Discover in the Stages of Change model, which stage involves taking concrete steps towards behaviour change?
 - a) Precontemplation
 - b) Contemplation
 - c) Preparation
 - d) Action
- (vi) Identify a key element of effective self help strategies for positive change.
 - a) Relying solely on external motivation
 - b) Setting vague and unattainable goals
 - c) Seeking professional help for every issue
 - d) Self awareness and self motivation
- (vii) Select a symptom of short-term stress.
 - a) Rapid breathing
 - b) Digestive problems
 - c) Excessive tiredness
 - d) Mood changes
- (viii) Identify self-help strategy that involves focusing on the present moment with judgement.

- a) Visualization
c) Mindfulness meditation
- (ix) Examine that "The perception of own achievement, success, respect, friendship and love" is _____.
- a) Self-respect
c) Self-awareness
- (x) Select that the Cognitive models of Self-esteem currently dominate
- a) Clinical Psychology
c) Social Psychology
- (xi) Identify that _____ is about being rooted in who you really are.
- a) Action
c) Confidence
- (xii) Report the curious paradox is that when I accept myself just as I am, _____.
- a) then I can change
c) then I can think
- (xiii) Infer the primary focus of Positive Psychology in relation to happiness.
- a) Studying the causes of unhappiness
c) Enhancing well-being and happiness
- (xiv) Identify that happiness makes us
- a) open-minded and creative
c) Optimistic about the future
- (xv) Discover the family life cycle is influenced by factors such as:
- a) Socioeconomic status, culture, and historical context
c) Marital status and employment history
- b) Procrastination
d) Positive affirmation
- b) Self-knowledge
d) Ego
- b) Positive Psychology
d) Industrial Psychology
- b) Behaviour
d) Dream
- b) then only I can't change
d) then I can feel
- b) Understanding the pursuit of wealth
d) Analyzing the effects of negative emotions
- b) Tired
d) More likely to engage
- b) Biological inheritance and genetics
d) Academic achievements and educational background

Group-B

(Short Answer Type Questions)

3 x 5=15

2. Simulate if you could be an animal, what animal would you be and why? (3)
3. Illustrate if you could eliminate one thing from your daily routine, what would it be and why? (3)
4. Define if you could be in any movie, what would it be and what character would you play? (3)
5. Illustrate if you were a superhero what would your superpower be and why? (3)
6. Criticize if you had to delete all but three apps from your smartphone, which one would you keep? (3)

OR

- Summarize what would you like to be known/remembered after your departure? (3)

Group-C

(Long Answer Type Questions)

5 x 6=30

7. Analyze the concept of holistic health and its different dimensions in a suitable film story. (5)
8. Illustrate the Continuity and Affect is correlated through film examples. (5)
9. Identify the Cognition and Characterization are same. Give examples. (5)
10. Illustrate the Goleman's model of Emotional Intelligence in reference to cinema. (5)
11. Determine an influential study on Relationships and Happiness with cinematic experiences. (5)
12. Analyze how does an interdisciplinary approach to Cinematic Psychology contribute to our understanding of mental health representation in films? (5)

OR

- Distinguish the characterization and performance in cinema. (5)