



BRAINWARE UNIVERSITY

Term End Examination 2024-2025

Programme – B.Sc.(PSY)-Hons-2022

Course Name – Rehabilitation Psychology

Course Code - PSYD503B

(Semester V)

Library
Brainware University
398, Ramkrishnapur Road, Barasat
Kolkata, West Bengal-700125

Full Marks : 60

Time : 2:30 Hours

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable.]

Group-A

(Multiple Choice Type Question)

1 x 15=15

1. Choose the correct alternative from the following :

(i) Associate the word Disability with the correct word of origin.

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|---------------|----------------|
| a) Dislogitas | b) Diabolitas |
| c) Dislodged | d) Disabilitas |

(ii) Identify the correct option that falls under the umbrella of disability.

- | | |
|-----------------------|-------------------------------|
| a) Loafing | b) Participation restrictions |
| c) Social limitations | d) Discrimination |

(iii) Indicate the minimum percentage required for a certificate of benchmark disability.

- | | |
|---------------|---------------|
| a) 35 percent | b) 55 percent |
| c) 40 percent | d) 25 percent |

(iv) Indicate the minimum percentage required for a certificate of disability.

- | | |
|---------------|---------------|
| a) 40 percent | b) 50 percent |
| c) 75 percent | d) 55 percent |

(v) Report which of the following models consider disability as a condition that requires benevolence and goodwill of others.

- | | |
|------------|-----------------|
| a) Medical | b) Charity |
| c) Social | d) Human rights |

(vi) Indicate the model of disability that considers the person as a whole.

- | | |
|------------|------------------|
| a) Medical | b) Social |
| c) Charity | d) None of these |

(vii) The social model of disability implies that health or social services are not useful. Indicate the correct answer.

- | | |
|---------|----------|
| a) True | b) False |
|---------|----------|

- c) Cannot Say
d) Partially True
- (viii) Select how psychosocial rehabilitation differs from traditional therapy.
- a) It focuses solely on medication
b) It emphasizes community and social integration
- c) It is more concerned with diagnosing mental illnesses
d) It only involves individual therapy sessions
- (ix) Recognize which of the following is not an aim of Psychosocial Rehabilitation.
- a) Meaningful occupation
b) Improved health condition
- c) Self-management of mental illness
d) Job satisfaction
- (x) Select which one of the following is not an evidence based psychosocial rehabilitation technique.
- a) Reiki
b) Assertive Community Treatment
- c) Family Psychoeducation
d) Supported employment
- (xi) Select the intervention that is most commonly used in psychosocial rehabilitation.
- a) Group therapy sessions
b) Psychoanalysis
- c) Hypnotherapy
d) Bibliotherapy
- (xii) Report why is it important to involve clients in decision-making in psychosocial rehabilitation.
- a) To reduce the workload of professionals
b) To promote client autonomy and empowerment
- c) To ensure faster recovery
d) To limit client responsibility
- (xiii) Report what indicates the empirical nature of a rehabilitation program.
- a) Token economy
b) Fund of the program
- c) An active research and evaluation program within the practice unit
d) Use of pharmacology
- (xiv) Identify which of the following is not a common trap in rehabilitation planning.
- a) Focus on practitioner priorities
b) Collaborative therapy plans
- c) Confusing goals and strategies
d) Overly ambitious targets
- (xv) Identify the role of family counseling in the rehabilitation process.
- a) It provides legal advice
b) It improves family communication and emotional resilience
- c) It offers medical treatment
d) It focuses on child education

Group-B

(Short Answer Type Questions)

3 x 5=15

2. Express what is meant by the term Disability. (3)
3. Give two examples of Participation restriction. (3)
4. Illustrate two chronic illness and disability (CID) triggered psychosocial reactions. (3)
5. List some of the benefits of multiple family psychoeducation. (3)
6. Illustrate the dimensions of QOL as stated by Veenhoven. (3)

OR

Estimate some of the principles of crisis intervention. (3)

Group-C

(Long Answer Type Questions)

5 x 6=30

7. Explain the addiction rehabilitation process. (5)

8. Appraise the concept of community based rehabilitation programme for people with disability. (5)
9. Evaluate the efficacy of the Alcoholics Anonymous program as a group therapy for alcohol addiction. (5)
10. Describe the procedures for admission, treatment, and discharge of patients in mental health establishments as per the Mental Health Act 2017. (5)
11. Illustrate the importance of advance directives under the Mental Health Act 2017. (5)
12. Infer the Transtheoretical Model of change in the context of addiction recovery. (5)

OR

- Formulate the assessment strategy that is followed in psychosocial rehabilitation. (5)
