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**BRAINWARE UNIVERSITY**

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Term End Examination 2024-2025**Programme – B.Tech.(BT)-2024/B.Tech.(ME)-2024/B.Tech.(EE)-2024****Course Name – Understanding Harmony and Ethical Human Conduct****Course Code - BHS00004****(Semester II)****Full Marks : 60****Time : 2:30 Hours**

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable.]

Group-A**(Multiple Choice Type Question)****1 x 15=15****1. Choose the correct alternative from the following :**

- (i) Which concept is essential for community cohesion?
 - a) Individualism
 - b) Collaboration
 - c) Competition
 - d) Isolation
- (ii) What does justice mean in a societal context?
 - a) Favoritism
 - b) Fair treatment for all
 - c) Inequality
 - d) Disregard for rules
- (iii) How does diversity contribute to societal harmony?
 - a) It creates conflict
 - b) It enriches community life
 - c) It is irrelevant
 - d) It complicates communication
- (iv) What is the term used for the non-material essence of a human being?
 - a) a) Body
 - b) b) Consciousness
 - c) c) Mind
 - d) d) Brain
- (v) What role the body plays to support the self?
 - a) a) By achieving enlightenment
 - b) b) By providing the means for interaction with the world
 - c) c) By controlling the mind
 - d) d) By providing sensory pleasures
- (vi) Which of the following is NOT a function of the body?
 - a) a) Sensory perception
 - b) b) Movement
 - c) c) Communication
 - d) d) Self-awareness
- (vii) What does a harmonious life involve?
 - a) a) Neglecting the needs of the body
 - b) b) Focusing solely on spirituality

- c) c) Balancing the needs of the body and the self d) d) Seeking material wealth
- (viii) What is the nature of the SELF according to the text?
- a) a) Physical and perishable b) b) Temporary and changing
c) c) Eternal and non-material d) d) Dependent on the body
- (ix) What is one of the core teachings of the Bhagavad Gita about self and body?
- a) a) The body is eternal b) b) The self is distinct from the body
c) c) Material wealth is the ultimate goal d) d) Physical desires are to be prioritized
- (x) Which of the following are needs of the body?
- a) a) Self-realization b) b) Spiritual fulfilment
c) c) Food, water, shelter d) d) Emotional well-being
- (xi) What are sensory pleasures associated with?
- a) a) The self b) b) The body
c) c) Spiritual growth d) d) Emotional well-being
- (xii) Which of the following is a need of the self?
- a) a) Food b) b) Water
c) c) Emotional and mental well-being d) d) Exercise
- (xiii) Identify the program for fulfilling ubha-tripti in relationships.
- a) a) Establishing dominance and control b) b) Promoting open and honest communication
c) c) Engaging in constant competition d) d) Ignoring the needs and aspirations of others
- (xiv) What are the foundational values of relationship?
- a) a) Ubhay tripti, trust, and respect b) b) Competition, rivalry, and domination
c) c) Obedience, submission, and authority d) d) Power, control, and manipulation
- (xv) Choose the correct option, Society as an extension of the family in terms of understanding harmony.
- a) a) Society and family have the same hierarchical structure b) b) Society consists of multiple interconnected families
c) c) Society mirrors the conflicts and tensions within families d) d) Society is independent of familial relationships

Group-B

(Short Answer Type Questions)

3 x 5=15

2. How does the body function as an instrument for expressing emotions? (3)
3. Explain that self-respect relate to an individual's sense of worth and confidence (3)
4. Why is respect important for maintaining harmony in society? (3)
5. How do societal hygiene practices impact community health? (3)
6. Evaluate the role of trust in building healthy family relationships. (3)

OR

- Evaluate the importance of mutual respect in resolving conflicts within a family. (3)

Group-C

(Long Answer Type Questions)

5 x 6=30

7. How does psychological factors, such as self-efficacy and emotional intelligence, influence an individual's ability to practice self-regulation in the context of health? (5)
8. How does harmony within the family unit contribute to the overall well-being and development of its members? (5)

9. What role do education, interfaith dialogue, and grassroots movements play in promoting a culture of understanding and coexistence? (5)
10. Examine the challenges posed by social stratification, regional disparities, and communal tensions in fostering harmony. (5)
11. How can a family's approach to hygiene impact the larger societal health system? (5)
12. Examine how cultural, economic, and psychological perspectives shape the concepts of well being and fulfillment. (5)

OR

Dissect the various definitions of happiness and prosperity. (5)

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