

BRAINWARE UNIVERSITY
Term End Semester Examinations, July- 2024

Programme – Bachelor of Science in Nursing

Course Name – Community Health Nursing-I including Environmental Science and Epidemiology

Course Code – N-COMH (I) 310

(Semester – V)

Time allotted: 3 hrs.

Full Marks: 75

GROUP A- (Multiple Choice Question)

12 x 1 = 12

1. Select the correct answer of the following :-

i) Point out the following concepts of health is recognized by WHO:

- | | |
|---|---|
| a] Biomedical concept - Germ theory | b] Ecological concept - Environment |
| c] Psychosocial concept Interpersonal relationships | d] Holistic concept - State of physical, mental, social, and spiritual wellbeing. |

ii) Select from the following is an emotional response to illness:

- | | |
|------------------------|---|
| a] Fear and anxiety | b] Overdependence and feeling of helplessness |
| c] Anger and hostility | d] All of the above |

iii) Point out of the following is not the aim of community health nursing:

- | | |
|--|---|
| a] To reduce risk factors and to improve quality of life | b] To ensure job and earn money |
| c] To improve standard of living | d] To strengthen self-care activities of individual |

iv) Select the dimension of the health of the following

- | | |
|--------------------------------------|---|
| a] Physical, mental, and social | b] Vocational, emotional, and spiritual |
| c] Environmental and health services | d] All of the above |

v) Point out the following levels of health care system provides secondary health care

- | | |
|----------------------------------|----------------------|
| a] Primary health center (PHC) | b] District hospital |
| c] Community health centre (CHC) | d] Both 'b' and 'c' |

vi) Current concept of health promotion and the related activities lead to:

- | | |
|--------------------------------------|---|
| a] Better treatment of a problem | b] Critical awareness and lifestyle changes |
| c] Adoption of prophylactic services | d] Better health services usage |

vii) For maintaining health, individuals need to take:

- | | |
|----------------------|---------------------------|
| a] balanced diet | b] To much food |
| c] Increasing stress | d] Unhygienic conditions. |

viii) A community health nurse DOES NOT includes the following steps while following community health nursing process.

- | | |
|---------------------------|--------------------------------|
| a] Collection of data | b] Assessment |
| c] Prescribing medication | d] Intervention and evaluation |

ix) The factors responsible for health are

- | | |
|--------------------------|------------------------|
| a] External environment | b] Genetic Inheritance |
| c] Social Support system | d] All of above. |

x)

A community health nurse does not follow the factor for developing IPR is:

- | | |
|------------------|--------------|
| a] Empathy | b] Listener |
| c] Untrustworthy | d] Confident |

- xi) Techniques adopted for assessment of health needs and health problems of a community can be obtained by:
- | | |
|---|---------------------|
| a) Interview of persons | b) Survey |
| c) Questionnaire (from educated people) | d) All of the above |
- xii) Effects of air pollution are except:
- | | |
|---------------------------------|-------------------------------|
| a) Normal plant and animal life | b) Damage of building |
| c) Corrosion of metals | d) Reduces visibility in town |

GROUP B- (Essay/ Long answer type question)

2 x 15 = 30

(Answer Any Two Question)

- | | | | |
|---|----|--|---|
| 1 | a) | Define Community Health Nursing. | 2 |
| | b) | Write down the aims and goals of community health nursing. | 5 |
| | c) | Discuss the principles of community health nursing | 8 |
| 2 | a) | Define health planning. | 2 |
| | b) | Describe the steps involved in health planning | 6 |
| | c) | Describe in detail the major health problem in India. | 7 |
| 3 | a) | Define audio visual aids. | 2 |
| | b) | Classify AV aids. Describe projecting technique in brief. | 7 |
| | c) | Discuss methods of mass media communication. | 6 |

GROUP C- (Short answer type question)

5x 5 = 25

(Answer Any Five Questions)

- | | | | |
|----|---|--|-----|
| 4. | Hygiene is an important aspect of maintaining health--Explain | | [5] |
| 5 | Explain about AYUSH system. | | [5] |
| 6 | Discuss various causes of malnutrition. | | [5] |
| 7 | Define communication. Describe the process of communication. | | [5] |
| 8 | Write down the principles of home visit | | [5] |
| 9 | Write down the importance of records. | | [5] |

GROUP D-(Very short answer type question)

4 x 2 = 8

(Answer Any Four Questions)

- | | | | |
|-----|---|--|-----|
| 10. | Name the health determinants | | [2] |
| 11. | List down four natural disasters. | | [2] |
| 12. | Define food adulteration | | [2] |
| 13. | Define BCC (behavioural Change Communication) | | [2] |
| 14. | Enlist the tools of physical assessment. | | [2] |