

Roll No. \_\_\_\_\_

**WEST BENGAL NURSING COUNCIL****2nd Year General Nursing & Midwifery Examination (3 Years)**  
**December, 2025****Subject – Mental Health Nursing-II (Paper-III)****OBJECTIVE****Full Marks – 20****Time Allowed – 20 Minutes***Answer on this sheet only.***1. Match the Column “A” with Column “B”:** **$1 \times 10 = 10$** 

Column “A”	Column “B”
(a) Suicide	(i) Feeling of personal worth
(b) Cannabis	(ii) Phobia
(c) Parole	(iii) Circadian Rhythm
(d) Teeth grinding	(iv) Super ego
(e) Self Identity	(v) Defense Mechanism
(f) Foster Home	(vi) Psychiatric Emergency
(g) Moral Principle	(vii) Bruxism
(h) Irrational Fear	(viii) Permission given to attend family function
(i) Sleep-wake cycle	(ix) Community facility
(j) Sublimation	(x) Substance
	(xi) Ego.

**2. Fill in the blanks with appropriate word:** **$1 \times 5 = 5$** 

(a) World Schizophrenia Day is celebrated each year on \_\_\_\_\_.

(b) Nurse patient relationship is called \_\_\_\_\_ relationship.

(c) Co-existence of two opposite feeling towards a same person is known as \_\_\_\_\_.

(d) An uncontrolled impulse to steal is \_\_\_\_\_.

(e) First generation antipsychotics are also called \_\_\_\_\_.

**3. Write “True” or “False” against the following statements:** **$1 \times 5 = 5$** 

(a) Use of defense mechanism is a normal process of adjustment.

(b) Meditation does not help for the treatment of mental disorder.

(c) Misinterpretation of actual stimulation is termed as hallucination.

(d) Apathy means lack of emotional feeling.

(e) Introverted person have many friends.

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**2nd Year General Nursing & Midwifery Examination (3 Years)**  
**December, 2025**  
**Subject – Mental Health Nursing (Paper-III)**

Full Marks – 75

## SUBJECTIVE

Time Allowed – 3 Hours

Answer two questions from Question Nos. 4 to 6 and Question Nos. 7 &amp; 8 are compulsory.

4. (a) What do you mean by Substance Use Disorder?  
 (b) What are the clinical manifestation of Substance Abuse?  
 (c) Write down the plan of management of alcohol use disorder.

2+5+8=15

5. (a) Write about common misconceptions towards mentally ill.  
 (b) How mental illness can be prevented?

(c) Write down the role of nurse in community mental health services.

5+5+5=15

6. (a) What is Electro-convulsive therapy?  
 (b) What are the indications of ECT.  
 (c) Explain the nurses role in Electro-convulsive therapy, before and after ECT.  
 (d) List down the other therapies commonly used in psychiatric field.

2+2+6+5=15

7. Write short notes on (any three):

5x3=15

(a) Antidepressant Drug  
 (b) Behaviour Therapy  
 (c) Role of a nurse in managing violent client  
 (d) Enuresis  
 (e) Admission procedure of mentally ill person

8. Write down the difference between the following (any two):

5x2=10

(a) Delirium & Dementia  
 (b) Obsession & Compulsion  
 (c) Anorexia Nervosa & Bulimia Nervosa  
 (d) Psychosis & Neurosis