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Barasat, Kolkata -700125

Term End Examination 2025-2026
Programme – B.Sc.(PSY)-Hons-2024
Course Name – Understanding Relationship
Course Code - BPY30203
(Semester III)

Full Marks : 60 **Time : 2:30 Hours**

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable.]

Group-A

(Multiple Choice Type Question) 1 x 15=15

1. *Choose the correct alternative from the following :*

(i) Identify the psychologist who proposed the Triangular Theory of Love
a) Gottman b) Sternberg
c) Bowlby d) Harlow

(ii) Select the researcher famous for contact comfort monkey studies
a) Bowlby b) Harlow
c) Ainsworth d) Gottman

(iii) Choose the model that explains why individuals stay committed to relationships
a) Triangular Theory b) Equity Theory
c) Investment Model d) Attachment Theory

(iv) Identify which form of media often romanticizes instant love
a) News broadcasts b) Romance movies
c) Advertisements d) Documentaries

(v) Select the psychological effect of watching idealized relationships on television
a) More realistic expectations b) Dissatisfaction with own relationship
c) Decreased media consumption d) Improved conflict resolution

(vi) Select the influence social media has on self-presentation in relationships
a) Enhances authenticity b) Enables curated profiles
c) Lowers expectations d) Reduces communication

(vii) Choose the parenting style to apply for encouraging confident children
a) Permissive b) Authoritative
c) Neglectful d) Authoritarian

(viii) Choose the strategy from Vygotsky's theory to apply in supporting a child's learning
a) Ignoring b) Rejection
c) Scaffolding d) Isolation

(ix) Choose the attachment pattern to apply for stable adult emotional bonds

a) Insecure attachments
b) Avoidant behavior
c) Secure attachment
d) Anxious dependency

(x) Identify the modern emphasis in marriages among urban populations

a) Community standing
b) Self-fulfillment
c) Arranged alliances
d) Familial duty

(xi) Select the cultural shift in contemporary Indian marriages

a) From collectivist to individualistic values
b) From modern to traditional norms
c) Decline in familial duty
d) Rejection of emotional needs

(xii) Identify the influence of media on marital dissatisfaction

a) Glorifies idealized love
b) Supports realistic companionship
c) Reduces public performance
d) Enhances private connections

(xiii) Select the cause of tension in long-distance relationships

a) Excessive cues
b) Loneliness
c) Rapid disclosure
d) Anonymity

(xiv) Choose the model to apply when analyzing rapid self-disclosure in virtual relationships

a) Family Systems Theory
b) Hyperpersonal Model
c) ABC-X Model
d) FAAR Model

(xv) Choose the theory to apply for explaining misunderstandings in online family communications

a) Hyperpersonal Model
b) Reduced Cues Theory
c) FAAR Model
d) ABC-X Model

Group-B

(Short Answer Type Questions) 3 x 5=15

2. Explain Romantic and Professional relationships. (3)
3. Compare media ideals and reality for both love and conflict aspects in relationships. (3)
4. Define Diana Baumrinds three parenting styles. (3)
5. Discuss the impact of digital culture and media on marriages. (3)
6. Analyze the tension between traditional structures and modern expectations in marriage. (3)

OR

Evaluate the psychological factors affecting successful modern Indian marriages. (3)

Group-C

(Long Answer Type Questions) 5 x 6=30

7. Define and describe in detail the concept of relationships as defined in psychology. (5)
8. Summarize how advertisements influence relationship expectations. (5)
9. Compare the benefits and risks of virtual relationships. (5)
10. Explain the FAAR Model and summarize its focus on family resilience. (5)
11. Compare collectivist and individualist cultural approaches to family stress and conflict management. (5)
12. Analyze the relationship between caregiver behavior and resulting attachment styles in children. (5)

OR

Categorize the four attachment styles according to their impact on adult relationship functioning. (5)

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