17976

LIBRARY
Brainware University
Barasat, Kolkata -700125

BRAINWARE UNIVERSITY

Term End Examination 2025-2026
Programme – B.Sc.(FND)-Hons-2023/B.Sc.(FND)-Hons-2024
Course Name – Human Development
Course Code - BFD30002
(Semester III)

Full Marks : 60 **Time : 2:30 Hours**

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable.]

Group-A

(Multiple Choice Type Question) 1 x 15=15

1. *Choose the correct alternative from the following :*

(i) Identify the stage of prenatal development that occurs from conception to 2 weeks.

a) Embryonic stage b) Fetal stage
c) Germinal stage d) Neonatal stage

(ii) What is the average duration of a full-term pregnancy?

a) 30 weeks b) 36 weeks
c) 40 weeks d) 44 weeks

(iii) Identify the theorist associated with the Psychosocial stages of development

a) Jean Piaget b) Erik Erikson
c) Sigmund Freud d) B.F. Skinner

(iv) What is one primary benefit of sensory play in early childhood education?

a) Improves fine motor skills b) Enhances academic performance
c) Reduces screen time d) Increases memorization

(v) Which aspect of school environment contributes to personality development?

a) Teacher's personal beliefs b) Class size
c) Extracurricular activities d) School location

(vi) Which of the following is a cultural factor that can impact personality development?

a) Dietary preferences b) National holidays
c) Language spoken at home d) Local sports teams

(vii) Which type of therapy focuses on helping individuals improve their daily living skills after an injury or disability?

a) Occupational therapy b) Speech therapy
c) Physical therapy d) Recreational therapy

(viii) Which term is used to describe children who are without parental care and live in institutional settings?

a) Street children
b) Trafficked children
c) Child laborers
d) Orphans

(ix) Which hormone is crucial for the onset of puberty?

a) Testosterone
b) Insulin
c) Melatonin
d) Cortisol

LIBRARY
Brainware University
Barasat, Kolkata -700125

(x) What is a primary psychological challenge faced during adolescence?

a) Financial management
b) Career planning
c) Identity formation
d) Retirement planning

(xi) During which stage of adolescence do most individuals experience peak physical growth?

a) Early adolescence
b) Middle adolescence
c) Late adolescence
d) Post-adolescence

(xii) Which of the following is a common symptom of osteoporosis?

a) Increased muscle mass
b) Improved balance
c) Bone fractures
d) Enhanced flexibility

(xiii) Demonstrate how to adapt physical exercise programs for older adults with mobility limitations.

a) Encourage high-impact exercises
b) Focus on strength training and balance exercises
c) Avoid any physical activity
d) Recommend only aerobic exercises

(xiv) Choose the correct communication strategy to address the needs of an older adult with hearing impairment from the following options.

a) Speak loudly and slowly
b) Use exaggerated facial expressions
c) Face the person and speak clearly at a normal pace
d) Avoid communication altogether

(xv) Select the correct meal plan for older adults with diabetes from the following options.

a) Focus on high-sugar foods
b) Encourage consumption of processed foods
c) Create a balanced meal plan with controlled carbohydrate intake
d) Ignore dietary restrictions

Group-B

(Short Answer Type Questions) 3 x 5=15

2. Explain the significance of early intervention in preventing disabilities in children. (3)
3. Develop a comprehensive support plan for street children that includes education, health care, and social services (3)
4. Why prenatal care is important for both the mother and the fetus (3)
5. Discuss about the embryonic stage of prenatal development. (3)
6. Summerize three common physical changes that occur with aging. (3)

OR

Summerize two psychological changes commonly observed in older adults? (3)

Group-C

(Long Answer Type Questions) 5 x 6=30

7. List and explain three ways in which family influence can impact a child's personality development. (5)
8. Explain the importance of involving family members in the rehabilitation process of children with special needs. (5)
9. Summerize three key physical changes that occur during adolescence. (5)
10. Explain the primary component of ANC (5)
11. Explain the phases of the physical development of an infant. (5)

12. Summerize three major physical changes that occur with aging. (5)

OR

Asess the impact of social isolation on the mental health of older adults. (5)

****

LIBRARY
Brainware University
Barasat, Kolkata -700125