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Brainware University
398, Ramkrishnapur Road, Barasat
Kolkata, West Bengal-700125

Term End Examination 2025-2026
Programme – B.Sc.(PSY)-Hons-2023
Course Name – Community Psychology
Course Code - BPY50117
(Semester V)

Full Marks : 60 **Time : 2:30 Hours**

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable.]

Group-A

(Multiple Choice Type Question) 1 x 15=15

1. *Choose the correct alternative from the following :*

(i) Identify the primary focus of community psychology.

a) Treating individual mental health issues
b) Understanding the dynamics within small social groups
c) Examining how social, cultural, and environmental factors influence mental health and well-being
d) Developing pharmacological treatments for psychological disorders

(ii) Select the best definition of community psychology.

a) A branch of psychology that focuses on the study of individual behavior in isolation
b) A field that aims to enhance the quality of life through collaborative research and action focused on community-level issues
c) A psychological discipline primarily concerned with the treatment of severe mental illness
d) The study of how personality traits influence social behavior

(iii) Choose the individual most closely associated with the advocacy for deinstitutionalization and the development of community mental health centers.

a) Sigmund Freud
b) Dorothea Dix
c) John F. Kennedy
d) Carl Rogers

(iv) Identify the type of community that is primarily based on geographical location and shared physical space.

a) Virtual community
b) Community of practice
c) Geographic community
d) Interest-based community

(v) Identify the community type that exists entirely online, with members connecting through digital platforms rather than face-to-face interactions.

a) Geographic community
b) Community of interest
c) Virtual community
d) Community of practice

(vi) Identify the concept that best explains how individual health behaviors can influence the overall health of a community.

a) Social cohesion
b) Herd immunity
c) Cultural competence
d) Health disparities

(vii) Choose the professional most likely to be associated with the medical model in community mental health.

a) Social worker
b) Psychiatrist
c) Community organizer
d) Occupational therapist

(viii) Choose the historical movement that most significantly influenced the development of the community mental health model.

a) Deinstitutionalization
b) Psychoanalysis
c) Eugenics
d) Behaviorism

(ix) Identify the core value of community mental health that emphasizes the importance of treating individuals with respect and ensuring their rights are protected.

a) Accessibility
b) Empowerment
c) Advocacy
d) Equity

(x) Choose the core value of community mental health that emphasizes treating all individuals with respect, regardless of their mental health status.

a) Confidentiality
b) Empowerment
c) Dignity
d) Advocacy

(xi) Choose the core value of community mental health that focuses on involving individuals in decisions that affect their mental health care.

a) Accessibility
b) Participation
c) Equity
d) Compassion

(xii) Choose the term that best represents the emotional connection among members in a community.

a) Integration
b) Fulfillment of Needs
c) Influence
d) Shared Emotional Connection

(xiii) Choose the type of crisis that results from developmental life stages:

a) Situational crisis
b) Maturational crisis
c) Existential crisis
d) Collective crisis

(xiv) Choose the primary feature of crisis intervention:

a) Focuses on preventing future crises over extended sessions
b) Provides long-term emotional support over several years
c) Aims to stabilize the immediate situation and restore functionality
d) Concentrates on personality restructuring

(xv) Choose the primary purpose of gathering data during the consultation process:

a) To challenge the client opinions
b) To evaluate the consultant performance
c) To understand the client needs and issues
d) To finalize the consultation report

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Group-B

(Short Answer Type Questions) 3 x 5=15

2. Describe the link between individuals and communities in addressing social issues. (3)
3. Describe the community mental health model with the medical model in addressing mental health issues. (3)
4. Explain the role of people's participation in the success of the community mental health model. (3)
5. Illustrate how community participation impacts the development of social interventions. (3)
6. Explain how respect for human diversity contributes to a more just and equitable society. (3)

OR

Classify the different ways that a sense of community can influence individual empowerment. (3)

Group-C

(Long Answer Type Questions) 5 x 6=30

7. Articulate the relationship between empowerment and citizen participation in promoting community well-being. (5)
8. Discriminate between the effects of empowerment on individual self-esteem versus collective efficacy in communities. (5)
9. Express the key principles of the community mental health model. (5)
10. Employ the concept of ecological systems theory to illustrate community psychology's holistic approach to mental health. (5)
11. Illustrate the types of communities in the context of community psychology. (5)
12. Differentiate between individual and community participation in addressing social issues. How do their roles complement each other in achieving effective solutions? (5)

OR

Evaluate the importance of community participation in solving social issues compared to top-down governmental approaches. How does grassroots involvement enhance the effectiveness of interventions? (5)

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