



BRAINWARE UNIVERSITY

Term End Examination 2023-2024
Programme – B.Sc.(PSY)-Hons-2023
Course Name – Cinematic Psychology
Course Code - VAC00002
(Semester I)

LIBRARY
Brainware University
Barasat, Kolkata -700125

Full Marks : 60

Time : 2:30 Hours

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable.]

Group-A

(Multiple Choice Type Question)

1 x 15=15

1. Choose the correct alternative from the following :
 - (i) Determine that persons with high self-confidence is _____.
 - a) Alone
 - b) Unlovable
 - c) Worthy
 - d) Loser
 - (ii) Identify where is Adrenal Gland located?
 - a) near heart
 - b) near kidney
 - c) near brain
 - d) near lungs
 - (iii) Identify as per Amy cuddy, "Our bodies change our _____."
 - a) mind
 - b) self
 - c) motivation
 - d) none of these
 - (iv) Identify the factor which is considered one of the key component of happiness according to the PERMA model developed by Martin Seligman.
 - a) Wealth
 - b) Health
 - c) Relationship
 - d) Achievement
 - (v) Choose among the following, which is NOT a component of Emotional Intelligence (EI).
 - a) Self-awareness
 - b) Social awareness
 - c) Self-discipline
 - d) Financial Management
 - (vi) Identify the hormone which increase in production when the body is under stress.
 - a) Adrenaline
 - b) Oxytocin
 - c) Dopamine
 - d) Serotonin
 - (vii) Explain the first stage in the stages of positive change model.
 - a) Action
 - b) Contemplation
 - c) Precontemplation
 - d) Maintenance
 - (viii) Identify a key element of effective self help strategies for positive change.
 - a) Relying solely on externala motivation
 - b) Setting vague and unattainable goals
 - c) Seeking professional help for every issue
 - d) Self awareness and self motivation
 - (ix) Select which is a crucial aspect of conveying psychological traits in film.

- a) Soundtrack selection
 c) Cinematography techniques
- (x) Which branch of psychology is Very Closely related to the study of Characters and their development in films?
 a) Cognitive Psychology
 c) Social Psychology
- (xi) Identify a symptom of long-term stress.
 a) Dry mouth
 c) Nausea
- (xii) What is not in 5C's of Cinematography?
 a) Camera angles
 c) Cognition
- (xiii) Establish "If no one else can match our expertise, then our self-esteem is satisfied" quoted by _____.
 a) Carl Jung
 c) Sigmund Freud
- (xiv) Select this is NOT a step for better self-esteem.
 a) Get Positive
 c) Take care of yourself
- (xv) Choose the odd one out.
 a) Continuity
 c) Close-ups
- b) Non-verbal uses & expression
 d) Movie marketing
- b) Clinical Psychology
 d) Developmental Psychology
- b) Headaches
 d) Increased sweating
- b) Continuity
 d) Composition
- b) Abraham Maslow
 d) William James
- b) Fight the inner critic
 d) Don't ask help
- b) Cutting
 d) Clips

Group-B

(Short Answer Type Questions)

3 x 5=15

2. Illustrate how would you change your life today if the average life expectancy was 400 years? (3)
3. Define if you could be in any movie, what would it be and what character would you play? (3)
4. Discuss what book did you read that changed your life the most? (3)
5. Analyze internal reality in context of cinematic psychology. (3)
6. Classify if you could bring back any fashion trend, what would it be? (3)

OR

Evaluate if you had 25 hours a day, how would you spend your extra time. (3)

Group-C

(Long Answer Type Questions)

5 x 6=30

7. Evaluate the Cognitive and behaviour with Continuity of your choice film, with examples. (5)
8. Recall the Cinema having all 5Cs, Discuss with your creative examples. (5)
9. Discuss the various stages of relationship development with a Cinema (5)
10. Determine an influential study on Relationships and Happiness with cinematic experiences. (5)
11. Describe the guidelines for using cinematherapy. (5)
12. Debate in detail how the relationship and physical health account for achieving happiness in life through cinematic psychology. (5)

OR

Describe the seven chakras by name and state one very important chakra and why by a film (5) support.