



# BRAINWARE UNIVERSITY

Term End Examination 2023-2024

Programme – M.Sc.(APSY)-2022/M.Sc.(APSY)-2023

Course Name – Theories of Personality and its application

Course Code - APSY102

( Semester I )

Library  
Brainware University  
398, Ramkrishnaapur Road, Barasat  
Kolkata, West Bengal-700125

Full Marks : 60

Time : 2:30 Hours

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable.]

## Group-A

(Multiple Choice Type Question)

1 x 15=15

1. Choose the correct alternative from the following :

- (i) Which term did Maslow use to describe the innate drive for personal growth and self-improvement?
- a) Self-esteem  
b) Self-actualization  
c) Physiological needs  
d) Safety needs
- (ii) Bandura's theory emphasizes the importance of \_\_\_\_\_ in shaping an individual's development.
- a) Unconscious desires  
b) Genetic factors  
c) Social influences  
d) Oedipus complex
- (iii) Horney predicted that neurotic individuals develop coping strategies called:
- a) Defense mechanisms  
b) Repression techniques  
c) Behavioral scripts  
d) Habitual responses
- (iv) Horney's theory is often infer to as:
- a) Psychodynamic theory  
b) Humanistic theory  
c) Social-cognitive theory  
d) Behavioral theory
- (v) Gordon Allport is known for his work in which area of psychology? Select the correct option -
- a) Behaviorism  
b) Psychoanalysis  
c) Trait theory  
d) Humanistic psychology
- (vi) According to Allport, traits that are unique to an individual and are not shared by others are called:
- a) Secondary traits  
b) Cardinal traits  
c) Central traits  
d) Idiosyncratic traits
- (vii) According to Freud, Infer what is the main function of the ego?
- a) To satisfy immediate desires  
b) To enforce moral values  
c) To balance the demands of the id and reality  
d) To mediate conflicts between the superego and id

- (viii) Which principle states that development involves the interaction between an individual's genes and their environment?  
 a) Genetic principle  
 b) Nature-nurture principle  
 c) Maturation principle  
 d) Continuity principle
- (ix) Which level of trait organization in Allport's theory includes traits that are more specific and situational than central traits?  
 a) Cardinal traits  
 b) Secondary traits  
 c) Central traits  
 d) Surface traits
- (x) Which theorist proposed the concept of identity development in adolescence, including identity exploration and identity commitment?  
 a) Erik Erikson  
 b) Jean Piaget  
 c) Lawrence Kohlberg  
 d) B.F. Skinner
- (xi) What term did Cattell use to describe the unique and stable pattern of behavior that distinguishes one person from another?  
 a) Personality profile  
 b) Temperament  
 c) Character  
 d) Ego defense mechanism
- (xii) Cattell's 16 Personality Factors (16PF) questionnaire is a self-report assessment used to measure:  
 a) Unconscious conflicts  
 b) Early childhood experiences  
 c) Traits and personality characteristics  
 d) Cognitive processes
- (xiii) Which of Cattell's 16 Personality Factors is associated with being reserved, quiet, and introverted?  
 a) Extroversion  
 b) Introversion  
 c) Dominance  
 d) Emotional stability
- (xiv) Choose - What is the central concept in Alfred Adler's personality theory?  
 a) Oedipus complex  
 b) Inferiority complex  
 c) Electra complex  
 d) Superego complex
- (xv) "Neuroticism" is also known as:  
 a) Emotional Stability  
 b) Emotional Resilience  
 c) Emotional Intelligence  
 d) Emotional Instability

**Group-B**

(Short Answer Type Questions)

3 x 5=15

2. How did Karen Horney describe the concept of neurotic needs in her theory? (3)
3. Write What is the "good-me" and "bad-me" in Sullivan's theory of personality? (3)
4. What does Ego Integrity vs. Despair stage involve? (3)
5. According to Skinner, what is the role of reinforcement in behavior? (3)
6. How does Adler's theory explain the development of one's personality style? (3)

OR

What is the "lifestyle" concept in Adler's theory? (3)

**Group-C**

(Long Answer Type Questions)

5 x 6=30

7. Examine How does Maslow's theory of personality contribute to our understanding of motivation and behavior? (5)
8. Explain Carl Rogers' concept of the "self" in his theory of personality. (5)
9. Analyze How does Bandura's theory address the concept of self-esteem? (5)
10. Describe the role of birth order in Adler's personality theory. How does birth order influence personality development? (5)

11. Explain how congruence between the real self and the ideal self contributes to a healthy self-concept, according to Rogers. (5)

12. How does Adler's theory view the significance of "goals of superiority"? (5)

OR

Explain Erikson's concept of the "identity crisis" and its significance in adolescence. (5)

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