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Trends and challenges in pediatric nursing: A review

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Abstract

Pediatric nursing plays a crucial role in promoting, maintaining, and restoring the health of infants, children, and adolescents. Rapid advancements in healthcare, changing disease patterns, and evolving family dynamics have significantly influenced pediatric nursing practice. Alongside these developments, nurses face numerous professional, ethical, and systemic challenges. This review aims to explore the recent trends shaping pediatric nursing and to highlight the major challenges encountered in clinical practice. Understanding these aspects is essential for improving child health outcomes, enhancing nursing competencies, and strengthening pediatric healthcare systems.

Keywords: Pediatric nursing, child health, nursing trends, pediatric challenges, family-centered care