

ABSTRACT

The research conducted study on "A study to assess the knowledge regarding Rashtriya Kishor Swasthya Karyakram (RKSK) among adolescents attending health care centre in Urban Community of Barasat in North 24 Parganas ".

The objectives of the Study are- (i) To assess the knowledge of Rashtriya Kishor Swasthya Karyakram among adolescents of urban community North 24 Parganas. (ii) To find out the correlation between knowledge regarding Rashtriya Kishor Swasthya Karyakram services with selected demographic variables.

Research assumption is there will be less knowledge regarding Rashtriya Kishor Swasthya Karyakram services among adolescents. The study was nonexperimental descriptive study carried out in the Ward- 1, urban community, Barasat, West Bengal. 150 adolescents (10-18 years) were selected from urban community. Convenient non probability sampling Technique and Self-Reported Structured Socio- Demographic Proforma and Self Structured RKSK Knowledge Assessment Scale are the instruments utilized for data collection. The data obtained were analysed in terms of objectives of the Study. The study shows that 64.66% adolescents have intermediate level of knowledge, 10.66% have advance knowledge, 1.33% have expertise knowledge, 21.33% have the basic knowledge and 2% have the novice level of knowledge. The correlation coefficient between knowledge level and socio demographic variables is 0.83, which depicts a positive correlation. The main conclusion drawn from this present study was that, overall knowledge level in adolescents is intermediate level (64.66%). Only a small minority of adolescents (1.33%) demonstrate adequate knowledge about RKSK and its services. There is a knowledge gap exist in critical areas like knowledge of STI prevention, mental health, sexual or reproductive health. Therefore, it is concluded that programmatic improvements are needed like enhancing outreach and awareness campaigns, strengthening the infrastructure especially adolescents - friendly clinic, counselling staff, and sanitary pad supply.

Key words: RKSK, knowledge.