

**WEST BENGAL NURSING COUNCIL**  
**SECOND YEAR GENERAL NURSING & MIDWIFERY (3 YRS) EXAMINATION**  
**DECEMBER - 2023**

**SUBJECT : MENTAL HEALTH NURSING (PAPER-III)**

**(SUBJECTIVE)**

**FULL MARKS – 75**

**TIME ALLOWED : 3 HOURS**

**(Answer the following Questions)**

1. Rekha, a 18 years old girl, admitted in psychiatric ward with diagnosis of BPAD presently in depressive episode.

- (a) Define BPAD
- (b) What are the possible clinical manifestations of Rekha?
- (c) Prepare a nursing care plan for Rekha during hospitalization.
- (d) What advice will you give to Rekha & her family member during discharge?  
2+3+7+3=15

OR

- (a) Define psychiatric Emergency.
- (b) List down different Psychiatric Emergency.
- (c) Write down one psychiatric Emergency conditions & its management in details.
- (d) Write down the legal responsibilities of a nurse, while dealing with psychiatric patient.  
2+3+6+4=15

2. (a) Define Psychotropic agent.  
(b) Classify Psychotropic agent.  
(c) Write down the nurse's responsibilities while administering Anti psychotic Agent.  
2+5+8=15

3. **Write short notes (any three) :** 5×3=15  
(a) Defence mechanism.  
(b) Discharge procedure of mentally ill patients.  
(c) Classification of mental disorder  
(d) Role of a nurse in managing suicidal client  
(e) Misconception about mental illness.

4. **Write down the difference between the following : (Any Two)** 5×2=10  
(a) Stress Vs. Anxiety  
(b) Hallucination Vs. Delusion  
(c) Debrium Vs. Dementia.  
(d) Guidance Vs. Counselling

**See Question No. 5, 6 & 7 in Separate Page**