



BRAINWARE UNIVERSITY

Term End Examination 2024-2025
Programme – B.Sc. Nursing-2022
Course Name – Mental Health Nursing (I&II)
Course Code - N-MHN(I & II)305(T)
(Semester VI)

Full Marks : 75

Time : 3:0 Hours

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable. Write answer of Section – A and Section –B in separate Answer booklet.]

Section : A
(Mental Health Nursing I)

Marks : 37

Group-A
(Multiple Choice Type Question)

8 x 1=8

1. Choose the correct alternative from the following :

- (i) Select the personnel who conducts the recreational and activity program for the patients
 - a) Psychiatrist
 - b) Psyciatric social worker
 - c) Psychitric Nurse
 - d) Occupational Therapist
- (ii) Identify the level of dopamine in schizophrenia
 - a) Increased
 - b) Decreased
 - c) Normal
 - d) Not specific
- (iii) Identify the originator of interpersonal relationship theory
 - a) Harry S Sullivan
 - b) Albert Ellis
 - c) Hippocrates
 - d) Sigmund Freud
- (iv) Choose the no. of quadrants Johari Window of IPR contains
 - a) 1
 - b) 2
 - c) 3
 - d) 4
- (v) Choose the personnel that coined the term mania and depression
 - a) Hippocrates
 - b) Emil Kraepelin
 - c) Aretus
 - d) King Saul
- (vi) Identify the peculiar symptom of PTSD
 - a) Nausea
 - b) Fatigue
 - c) Flashback
 - d) Crying Spells
- (vii) Select the therapy that involve environment manipulation according to the need of patient.
 - a) CBT
 - b) Millieu Therapy
 - c) Aversion therapy
 - d) Guided imagery
- (viii) Identify that indicate the behavior of patient in which patient obeys every command though he has first been told not to do so.
 - a) Automatism
 - b) Waxy flexibility
 - c) Automatic obedience
 - d) Autistic thinking

Group-B
(Very Short Answer Type Questions)

2 x 2=4

2. Enlist the members of Mental Health Team
3. Define Euphoria

(2)
(2)

Group-C
(Short Answer Type Questions)

2 x 5=10

4. Discuss the techniques of therapeutic relationship
5. Illustrate catatonic schizophrenia

(5)
(5)

OR

Elaborate dissociative disorder

(5)

Group-D
(Long Answer Type Questions)

1 x 15=15

6. Define mood stabilizers. Explain lithium toxicity and its prevention. Role of nurse in management of lithium toxicity. [2+6+7=15]

OR

Define depressive disorder. Explain the etiology, psychopathology and clinical manifestation of depression. Describe the management of depression. [2+6+7=15]

(15)

Marks : 38

Section : B
(Mental Health Nursing II)

Group-A
(Multiple Choice Type Question)

4 x 1=4

7. Choose the correct alternative from the following :

- (i) Tell craving and eating of nonedible items are-
a) Polyphagia
b) Pica
c) Enuresis
d) Anorexia nervosa
- (ii) Choose the narcotic drugs and psychotropic substances act (NDPSA) was passed in the year
a) 1985
b) 1982
c) 1995
d) 2000
- (iii) Find the personality disorder that has main clinical features like mistrust and suspiciousness:
a) Paranoid Personality Disorder
b) Antisocial Personality Disorder
c) Anxious Personality Disorder
d) Histrionic Personality Disorder
- (iv) Define sleep walking is also known as :
a) Somniloquy
b) Enuresis
c) Somnambulism
d) Seizures

Group-B
(Very Short Answer Type Questions)

2 x 2=

8. Define Bulimia nervosa.

(2)
(2)

Group-C
(Short Answer Type Questions)

3 x 5=15

10. Explain about the POSCO ACT. (5)
11. Compare between primary and secondary prevention in Community Mental Health Nursing. (5)
12. Describe the mental health issues among elders. (5)

Group-D
(Long Answer Type Questions)

1 x 15=15

13. List the basic rights of mentally ill patients & the nurses implications for protecting patient's rights. Discuss briefly about Forensic Psychiatry. (15)
[5+4+6=15]
OR
Discuss the role of a nurse in discharge procedure. Illustrate the legal responsibilities of a nurse. (15)
[8+7=15]
