



BRAINWARE UNIVERSITY

Term End Examination 2023-2024

Programme – M.Sc.(APSY)-2022

Course Name – Guidance & Counseling

Course Code - APSY401

(Semester IV)

Full Marks : 60

Time : 2:30 Hours

[The figure in the margin indicates full marks. Candidates are required to give their answers in their own words as far as practicable.]

Group-A

(Multiple Choice Type Question)

1 x 15=15

1. Choose the correct alternative from the following :

(i) Choose the term that best describes guidance as a process:

- | | |
|--------------|----------------------|
| a) Directive | b) Non-collaborative |
| c) Reactive | d) Collaborative |

(ii) Choose the primary role of a guidance counselor:

- | | |
|---|-------------------------------------|
| a) Making decisions for the individual | b) Providing emotional support only |
| c) Facilitating the decision-making process | d) Criticizing past actions |

(iii) Choose the term that best describes the non-directive approach in guidance:

- | | |
|------------------|--------------------|
| a) Authoritarian | b) Authoritarian |
| c) Coercive | d) Client-centered |

(iv) Select the primary purpose of an achievement test.

- | | |
|---|-----------------------------------|
| a) To assess personality traits | b) To predict future performance |
| c) To measure what a person has learned | d) To measure emotional stability |

(v) Select the achievement test that focuses on a specific subject like mathematics or reading.

- | | |
|--------------------------|---------------------|
| a) IQ test | b) Personality test |
| c) Subject-specific test | d) Projective test |

(vi) Select the term that describes an individual's natural curiosity or inclination towards certain activities or subjects.

- | | |
|--------------|----------------|
| a) Aptitude. | b) Motivation. |
| c) Passion. | d) Interest. |

(vii) Select the age group for which interest tests are most commonly used.

- | | |
|---------------------|----------------------------|
| a) Toddlers. | b) Adolescents and adults. |
| c) Senior citizens. | d) All age groups equally. |

(viii) Select the Big Five personality trait that describes being outgoing and seeking social interaction.

- | | |
|-------------|-----------------|
| a) Openness | b) Extraversion |
|-------------|-----------------|

- c) Agreeableness
d) Neuroticism
- (ix) Select the primary goal of individual counselling.
a) Group therapy
b) Diagnosis
c) Self-awareness and self-improvement
d) Medication prescription
- (x) Select the term that refers to the emotional and psychological distress experienced by a client.
a) Empathy
b) Countertransference
c) Transference
d) Distress
- (xi) Select the term that describes the emotional bond between a counsellor and client.
a) Countertransference
b) Empathy
c) Transference
d) Rapport
- (xii) Select the term that describes the counsellor's personal feelings or reactions towards a client.
a) Empathy
b) Transference
c) Countertransference
d) Rapport
- (xiii) Select the primary goal of career counselling in psychology.
a) Diagnosis of mental disorders
b) Providing job placements
c) Helping individuals explore and choose suitable careers
d) Offering financial advice
- (xiv) Identify the assessment tool commonly used in career counselling to identify interests, values, and skills.
a) IQ test
b) MMPI
c) Strong Interest Inventory
d) Rorschach inkblot test
- (xv) Select the strategy used in career counselling to help clients overcome obstacles and achieve career goals.
a) Career testing
b) Reality therapy
c) Goal setting
d) Role-playing

Group-B

(Short Answer Type Questions)

3 x 5=15

2. Describe the parts of self. (3)
3. Describe the concept of aptitude test. (3)
4. Explain the disadvantages of individual counselling. (3)
5. Summarily list the things that can increase exam anxiety. (3)
6. Write some positive characteristics of a gifted child. (3)

OR

Write some negative characteristics of gifted children. (3)

Group-C

(Long Answer Type Questions)

5 x 6=30

7. Describe the sources of self knowledge. (5)
8. Explain the administration of Rorshach inkblot test. (5)
9. Explain the following: 1. Administrative data. 2. Patient survey. 3. Patient medical record. 4. Data archive. 5. Research data. (5)
10. Explain the different types of guidance. (5)
11. Write about the process of group counselling. (5)
12. Explain symptoms and intervention of dyspraxia. (5)

OR

Explain symptoms and intervention of aphasia. (5)
