



BRAINWARE UNIVERSITY

Term End Examination 2021 - 22

Programme – Bachelor of Science in Physician Assistant

Course Name – Clinical Psychology

Course Code - BPA204

(Semester II)

Time allotted : 1 Hrs.15 Min.

Full Marks : 60

[The figure in the margin indicates full marks.]

Group-A

(Multiple Choice Type Question)

1 x 60=60

Choose the correct alternative from the following :

- (1) B.F. Skinner was

a) Behaviourist	b) Psychoanalyst
c) Cognitive psychologist	d) socio-cultural psychologist
- (2) Psychology become a scientific field on this year

a) 1879	b) 1789
c) 1990	d) 1987
- (3) The normal body temperature of human body is

a) 98 degree F	b) 37 degree F
c) 100 degree F	d) 90 degree F
- (4) He is recognized as the father of modern scientific psychology

a) Watson	b) Wundt
c) Freud	d) Aristotle
- (5) It attempts to study the structure of conscious experience through the method of introspection

a) functionalism	b) behaviorism
c) gestalt	d) structuralism
- (6) It deals with the function of behavior on how a person adapts to its environment

a) functionalism	b) behaviorism
c) gestalt	d) structuralism
- (7) Psychology can be literally defined as the

a) science of behaviour	b) science of mind
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- a) Fear of high places
c) Fear of blood
- b) Fear of light
d) Fear of being alone
- (21) Fear of injection falls under
- a) social phobia
c) specific phobia
- b) Agoraphobia
d) none of these
- (22) ICD 10 proposed by
- a) WHO
c) IPS
- b) APA
d) IPA
- (23) Recurrent, intrusive, senseless ideas, thoughts, and images that are ego-dystonic and involuntary are termed as
- a) Obsession
c) Hypochondriasis
- b) Compulsion
d) obstructiveness
- (24) Psycho dynamic explanation of obsessive compulsive disorders include
- a) fixation during oral stage of psychosexual development
c) fixations or conflicts during phallic phase of development
- b) fixation during anal stage of psychosexual development
d) improper development of latency phase of psychosexual development
- (25) Which of the following area of brain is known to be associated with OCD ?
- a) Reticular system
c) Basal ganglia
- b) Nigrostraital pathway
d) Corpus callosum
- (26) Which of the following is most effective in ocD management?
- a) Psycho dynamic psychotherapy
c) Cognitive behaviour therapy
- b) Interpersonal psychotherapy
d) Supportive psychotherapy
- (27) Characteristics of OCD include all the following, Except :
- a) Obsessive thoughts
c) Considerable degree of anxiety
- b) Compulsive acts
d) Ordered flight of ideas
- (28) Behavior therapy for phobias may involve the following
- a) Systematic desensitization
c) Flooding
- b) Implosion therapy
d) none of these
- (29) Fear of closed space refers to
- a) Claustrophobia
c) Xenophobia
- b) social phobia
d) none of these
- (30) Which gland in your body is responsible for the stress response?
- a) pituitary gland
c) adrenaline gland
- b) thyroid gland
d) none of these
- (31) Stress management is about learning
- a) How to avoid the pressures of life
c) all of these
- b) How to develop skills that would enhance our bodys adjustment when we are subjected to the pressures of life
d) none of these
- (32) Which of the following statements is true about stress management
- a) Stress management is learning about the connection between mind and body
- b) Stress management helps us control our health in a positive sense

- (56) According to whom, all stressors, irrespective of the nature, create same pattern of physiological response:
- a) Lazarus
 - b) Cattell
 - c) Eysenck
 - d) Hans Selye
- (57) During the resistance phase, the adreno-corticotrophic hormone stimulates _____ to release _____.
- a) Hypothalamus, Cortisol.
 - b) Hypothalamus, Corticotropin releasing factor.
 - c) Adrenal cortex, Cortisol
 - d) Pituitary gland, Corticotropin releasing factor.
- (58) Mr. Sinha is a badminton player who has been playing for over seven years. Mr. Sinha is currently under a lot of pressure because a tournament is coming up next month, and he has been practicing day and night for the next matches. What kind of stress is he likely to be under?
- a) Distress
 - b) Acute Stress
 - c) Chronic Stress
 - d) Eustress
- (59) Which of the following leads to physiological disorders due to stress: a) Gastrointestinal Disorders b) Autism Spectrum Disorder c) Cardiovascular Disorders d) Respiratory Disorders
- a) a, c and d
 - b) d, b and a
 - c) a, b, c and d
 - d) b, c and d
- (60) Long-term stress can lead to:
- a) Change in personality
 - b) Substance abuse
 - c) Aggression
 - d) All of the above