Asian Wrestling Championship : India Finish 5th

The 2022 Asian Wrestling Championships took place from April 19 to 24 in Ulaanbaatar, Mongolia. 250 competitors from 19 nations competed in different events. Japan emerged as the strongest team winning 10 gold, 2 silver, and 9 bronzed. India stood 5th in the medal tally with 1 gold, 5 silver and 11 bronze. The following Indian grapplers brought home medals in different categories.

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- Sunil Kumar (87kg) bronze
- Arjun Halakurki (55kg) bronze
- Neeraj (63kg) bronze
- Harpreet Singh (82kg) bronze
- Sachin Sahrawat (67kg) bronze

Women's freestyle

- Sarita Mor (59kg) bronze
- Sushma Shokeen (55kg) bronze
- Manisha (62kg) bronze
- Anshu Malik (57kg) silver
- Radhika (65kg) silver

Men's freestyle

- Ravi Kumar Dahiya (57kg) gold
- Bajrang Punia (65kg) silver
- Gourav Baliyan (79kg) silver
- Naveen (70kg) bronze
- Satywart Kadian (97kg) bronze
 - Deepak Punia (86kg) silver
 - Viky (92kg) bronze







(Source: AIR/PIR)